



Spa Treatment List

cancellations under 24 hours are subject to a 50% cancellation fee*
we do not provide massage treatment for pregnancy in the first trimester

massage and body therapies

please inform your therapist of any health conditions prior to your session. complimentary organic india tea will be served afterward.

relaxation massage with botanical oils

a deeply relaxing massage using carefully selected essential oil blends inspired by the natural landscape surrounding maruia. choose from three grounding oil options to calm the nervous system, ease tension, and restore balance to body and mind.

60 min \$160 | 90 min \$195

deep tissue

a focused therapeutic massage designed to release chronic tension and support muscular recovery. using slow, deliberate pressure, this treatment targets deeper layers of muscle and connective tissue to restore mobility and ease discomfort.

60 min \$170 | 90 min \$205

personalised massage ritual

our most personalised massage experience. this 90-minute treatment is intuitively tailored to your body on the day, blending deep tissue techniques, gentle stretching inspired by thai massage, and flowing swedish movements. hot stones or cupping may be incorporated where beneficial, enhancing circulation, relieving muscle tension, and supporting deep release.

90 min \$215

lomi lomi (hawaiian massage)

a flowing, rhythmic massage rooted in traditional hawaiian healing. long, continuous strokes encourage deep relaxation, release stored tension, and promote a sense of harmony and flow throughout the body.

60 min \$170 | 90 min \$205

hot stone massage

smooth, heated volcanic stones are used to warm the body and melt away tension. the heat allows muscles to soften deeply, encouraging relaxation, improved circulation, and a profound sense of calm.

90 min \$220

thai massage

an invigorating and grounding treatment combining assisted stretching and acupressure. performed fully clothed, this rhythmic practice supports flexibility, circulation, and energy flow.

loose clothing can be provided.

60 min \$170 | 90 min \$205

relaxation massage with facial

a restorative combination of body and facial care. enjoy a 60-minute relaxation massage followed by a 30-minute herb farm facial, customised to your skin's needs.

90 min \$225

head massage (add-onto any massage)

a focused treatment for stress and mental fatigue, concentrating on the head, neck, and shoulders to ease tension, relieve headaches, and promote clarity and calm.

30 min \$80

body rituals



himalayan salt & clay ritual

a full-body exfoliation using mineral-rich himalayan salt, followed by your c
french red clay – revitalising and illuminating
bentonite clay – deeply detoxifying
calamine – calming and soothing
designed to refresh the skin and restore balance.
90 min \$230

coffee scrub with cacao wrap

a deeply nourishing ritual beginning with a maruia-made coffee body scrub to exfoliate and stimulate circulation. the body is then wrapped in a warm fermented cacao and clay mask to nourish and tone the skin. completed with a 30-minute relaxation massage using herb farm body lotion.
90 min \$230

seaweed body wrap for two

a shared ritual using a warm blend of seaweed and clay infused with maruia hot springs' mineral thermal water. designed to detoxify, remineralise, and support circulation, followed by a nourishing herb farm body lotion application.
60 min \$190 (for two)

himalayan salt treatment (add-on)

begin with a purifying himalayan salt scrub, infused with your choice of essential oils. you'll then have time to shower before continuing to your massage.
45 min \$110

facial rituals

the herb farm botanical facial

a personalised botanical facial using fresh, natural ingredients to cleanse, exfoliate, extract, and hydrate the skin.

30 min (**add-on ONLY**) – express refresh

60 min – includes face, neck, and décolleté massage

75 min – includes gua sha to support lymphatic drainage and skin vitality

30 min \$80 | 60 min \$160 | 75 min \$180

luxe man facial

a targeted botanical facial designed for men's skin, including deep cleansing, exfoliation, extractions, mask, eye care, and conditioning with herb farm men's regenerating cream.

30 min (add-on) – express cleanse

60 min – includes relaxing face massage with blue earth man-tea beard oil

75 min – enhanced with gua sha for deeper release and circulation

30 min \$80 | 60 min \$160 | 75 min \$180

