

## A little to start.

Home-brewed kefir or kombucha and daily appetizer.

### The star of the show

#### **Mountain Journey**

Slow cooked lamb shoulder in harissa sauce with roast vegetables, and chilli orange glaze - "An amazing Asian dish with a spicy taste sensation" - GF, DF

Slow cooked beef cheek with carrot puree and Nam Jim (sauce made with chilli, coriander, garlic, onion) and pak choi – GF.

Warming turmeric chicken in coconut milk served with green seasonal vegetables and yellow rice ~" slightly spicy taste sensation" - GF, DF.

#### **River Journey**

Hot baked salmon with wild rice pilaf, crispy kale chips and toasted almond. - "A savoury dish that leaves a very satisfying feeling!."- GF, DF (Grilled tofu served as vegan option)

#### **Forest Journey**

Palak potatoes with fragrant rice and fresh salad with preservative lemon and poppadom ~ "Indian influenced dish with multiple flavours" ~ VG, GF, V.

Mixture of lentils with brown basmati rice, raita and kumara chips~ "Indian influenced dish with multiple flavours" ~ GF, V, DF.

# Sharing is caring.

All served with nutritious & balanced Nutrition bowl/plate. Add Bread \$5

# Finished but not the end.

Chocolate Fondant with vanilla orange ice cream - GF.

Berry Sorbet ~made with sorted berry with macadamias and cashews topping ~ GF, V \*contains nuts.

Apple Mixed Berry Crumble~ Topped with ground hazelnuts and whipped coconut cream-GF, V, DF \*contains nuts.

Poached Pear- Vanilla orange maple syrup sauce, coconut yogurt with almond topping-GF, V, DF \*contains nuts

Cheese Board- Two kinds of selected cheese, homemade seed crackers, chutney- GF