

spa treatment list



Massage

Your treatment begins with a full consultation as each massage we offer is customised to meet the specific needs of our guests. Please communicate any special health conditions to your therapist to maximise the benefits and enjoyment of your treatment. Choose from our selection of essential oils to enhance your experience. Organic India tea is served after each massage.

Relaxation Massage

A nurturing and calming massage with light to medium relaxing pressure to relieve tension, calm the nervous system and balance your body.

60 min - \$140 90min- \$180

Deep Tissue Massage

This massage is perfect for those requiring focus on specific areas or who enjoy deep tissue massages to eliminate toxins within the muscles and restore flexibility. It effectively loosens connective tissue and releases tension in tight and stressed areas.

60 min - \$140 90min- \$180

Signature Massage *therapist recommends

Using a combination of techniques from Deep tissue, Swedish massage and Thai stretching techniques you will experience a deep relaxation like no other. Warm towels and essential oils enhance the massage.

90min- \$190

Hot Stone Massage

Heated stones are carefully placed along the body's meridians accompanied by a flowing massage to create deep relaxation. This massage will relieve muscle tension, increase blood and lymphatic flow and leave the feeling rebalanced and refreshed. Choose from our selection of essential oils to enhance your experience.

90min- \$210

Pamper Package *therapist recommends

Combining the of our facial and body treatments, enjoy a 60 minute deep tissue massage and a 30 minute Herb Farm facial tailored to your skins requirements.

90min- \$210

Specialist pregnancy, post-natal, infant massages are available.

Body Treatments

Salt Scrub-add on to your treatment

Add on an extra 45 minutes for a purifying and reviving sea salt scrub infused with your choice of essential oils. Time is allocated to allow for a shower to remove the salt prior to your massage.

45 min \$100

New Zealand Glacial Clay Detox Body Wrap

Draw out impurities from your whole body using New Zealand activated glacial clay. You will experience a pampering full body scrub, clay wrap and a head massage, finishing with The Herb Farm Firming Body Lotion.

90min- \$220

Hydrating Relaxation Body Wrap

An indulging treatment for dry skin. Begin with a gentle Maruia body scrub, then enjoy a full body wrap and chocolate body mask in, followed by The Herb Farm Almond and May Chang body lotion. Your skin will be left feeling silky smooth.

90min- \$220

Facials

The Herb Farm Facial

Our trained therapists will choose the range and products most suitable to your skin type. (Can cater to all skin types). We use The Herb Farm products which are 100% natural and made with some hand-picked organic herbs from here in New Zealand. Each facial will consist of cleansing, exfoliation, deep-pore cleansing with extractions, and hydration elements such as steaming and finishing with a mask and enriching serum and moisturiser. 75min facials include crystals to help de-puff the skin and promote lymphatic drainage and a head, neck and shoulder massage and arm massage.

60 min - \$140

75min- \$165

The Herb Farm Express Facial-add on to your treatment

Indulge in this 30 minute facial that is custom tailored to your skin type with our beautiful Herb Farm range. This facial will enhance your complexion with a cleanse, exfoliation, serum and moisturiser, an optional extraction facial massage or mask, plus give you an opportunity to try our product range.

30min-\$65